WATCHMARK®

SPORTS WATCH

USER MANUAL

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Introduction

About Watchmark Maverick

The Maverick smartwatch is a combination of elegant classics and superior technology. It will add a chic touch to your every day and adapt to all your requirements with its advanced functions. You will always have direct access to app notifications, incoming calls, text messages, weather, multiple health and sleep quality measurements and much more.

Configuring the device

Packaging content

Smartwatch (colour and material may vary depending on the colour chosen)

Charger (colour and material may vary depending on the model selected)

Strap (colour and material may vary depending on the colour chosen)

Hardware requirements

iOS 10.0 and above
Android 4.4 and above
Bluetooth supported: 4.0

Android 4.4+   IOS 10.0+

Charging instructions

This smartwatch uses inductive (wireless) charging. Connect the charging cable to the USB input and attach the charging cradle to the contacts on the back of the device. Once connected, charging will start automatically and the charging icon will appear on the screen.

It takes approximately 2 hours to fully charge the battery. Do not use the watch while it is charging.

Caution: do not connect the magnetic charging cable to any 2 contacts at the same time as the conductive material, as this may cause a short circuit.

Additional information

Please read the entire user manual carefully before using the equipment. It is recommended to use only the original battery, charger and accessories that are included in the kit received with the device.
Neither the manufacturer nor the distributor is responsible for the use of third-party accessories.

The functions that are presented in this manual may vary between models, as the manual is a general description of smartwatches. Some models may deviate from the standard.

Before using the device for the first time, charge it for a minimum of 2 hours. Before using the device, you must download and install the app and accept all consents that the smartwatch asks for. If this is not done fully, not all features of the device will be available. The smartwatch will only ask for access to functions that are necessary for the smartwatch to function properly.

The company reserves the right to change the content of this manual.

How to wear a smartwatch?

The strap for this watch model is 20mm wide. It is interchangeable and additional straps can be purchased in a different colour or material.

Wearing the watch

When you're not exercising, wear the smartwatch as you would a regular watch, i.e. one finger above your wrist bone.

To take full advantage of the heart rate monitoring function during exercise, try wearing the device above your wrist (2 fingers above your wrist bone) to improve comfort and stability. Many exercises, such as cycling or weightlifting, can cause the smartwatch's placement to change by bending the wrist, for example. If the watch sits lower on the wrist bone measurements can be intermittent, so correct placement is important.

Belt change

Attach the original strap to the watch before using it. When carrying out this operation, take careful care and watch out for your fingernails when attaching the telescopes to the watch.

Wearing the belt

1. Insert one end of the strap together with the telescope into the recess of the watch envelope.
2. With the other end, insert the telescope into the centre of the cavity and attach it to the watch.

Removing the belt

1. With one hand, press the wheel on the telescope and gently push inwards.
2. Then, pull upwards until the telescope detaches from the watch.

Applications and functions

Installing applications

The app for the Maverick smartwatch model is "WearPro".
The app must be downloaded from the Google Play / App
Store or via the QR code below.

Google Play

App Store

Once the app is installed, turn on Bluetooth on your phone and go
to the app. Create an account or log in anonymously. Fill in your
details and allow access. For the app to work properly, you need
to give all the consents it asks for. To connect the watch, click in
the bottom corner: "Devices" and then "Pair devices". Your phone
will search for devices and you should select the appropriate
model (Smart watch). The smartwatch can also be connected by
means of a QR code.

Features available on the Smartwatch

- **Time, date, day of the week**

The display shows the time, date and day of the week. The data is displayed on the main screen of the watch.

- **Pedometer**

Counts the steps taken on a given day (data resets each day from 00:00). The number of steps taken can be seen in the app or in the first tab to the right of the main screen.

- **4-step backlight brightness adjustment**

The 4-step brightness adjustment helps protect your eyes from an overly bright screen at night and saves the watch's battery. You can find this function in the drop-down menu from the main screen and select the appropriate display brightness.

- **Calorie counter***

Calculates the number of calories burnt in a given day. The data on calories burned can be found in the first tab to the right of the main screen in the app.

- **Distance travelled**

Information on how much distance was covered during the day. The distance travelled can be found in the first tab to the right of the home screen.

Features available on the Smartwatch

- **Blood pressure (BP)***

Blood pressure is the force with which the blood pushes against the arterial walls during the contraction and diastole of the heart muscle. The accepted norm for systolic blood pressure is 120 mm Hg, while for diastolic blood pressure it is 80 mm Hg.
On the watch, the function for measuring blood pressure can be found in the pull-down menu from the main screen under the name BP.

- **Oxygen saturation (BO)***

This function indicates the oxygenation level of the blood. As a norm, the result should be between 95 and 100%. When the oxygenation level drops, it can be dangerous for our health.
On the watch, the function for measuring blood oxygenation can be found in the bottom menu of the main screen under the name BO.

Features available on the Smartwatch

- **Heart rate (HR)***

Heart rate, or pulse: is the number of beats of the heart muscle per 1 minute. The accepted norm is between 60 and 100 beats per minute. When the pulse is elevated we speak of tachycardia, while when it is lowered we speak of bradycardia. Both conditions can be dangerous to our health.
On the watch, the function for measuring heart rate can be found in the bottom menu of the main screen under the name HR.

- **Respiratory training**

Helps you to relax and calm down. There are three breathing rates to choose from: slow, medium and fast, and the length of the workout: 1, 2 or 3 minutes. On the watch, the breathing workout function is located in the pull-out menu from the bottom of the main screen.

- **Vibration massage**

Soothes tense muscles and relaxes. The watch's massage function can be found in the menu that slides out from the bottom of the main screen.

Features available on the Smartwatch

- **Sleep monitor***

A function that helps to analyse a person's sleep. The watch shows the number of hours slept and the phases of sleep, in which we distinguish between shallow and deep sleep.
On the watch, the sleep monitoring function is located in the pull-out menu from the bottom of the main screen.

- **Notifications / messages**

When you connect the watch to your phone via the app and allow the relevant consents, the watch will display incoming notifications for messages and from social networks. In order for notifications to display, this function must be enabled in the app settings.

Features available on the Smartwatch

- **Stopwatch**

A function that is used to check and measure short intervals of time. On the watch, the stopwatch function is located in the fly-out menu from the bottom of the main screen.

- **Weather**

The watch, when connected to the app, will indicate the temperature for the day. On the watch, the weather function can be found in the bottom slide-out menu from the main screen.

- **Sports modes**

The watch's 11 sports modes allow you to control your training goals by monitoring steps, heart rate, calories and distance. Workout data can be found in the app after synchronisation.
Available sports modes: walking, running, bike, skipping, badmington, basketball, football, indoor running , free training, orbiter. On the watch, the sports modes function can be found in the pull-out menu from the bottom of the main screen.

Features available on the Smartwatch

- **Reset to factory settings**

Resetting to factory settings allows you to reset the watch and erase all data and settings. On the watch, the reset function is located in the settings in the menu that slides out from the bottom of the main screen.

- **Changing the dial theme**

There are several dials to choose from on the watch. Many more themes can be downloaded in the dedicated app. On the watch, the function to change the dial theme can be found in the settings in the fly-out menu from the main screen.

- **Battery saving mode**

This mode allows the watch to run for longer. On the watch, the battery saving mode can be found in the settings in the flyout from the bottom of the main screen.

Functions available in the application

- **Automatic heart rate monitoring**

On-demand heart rate measurements can be taken in the app and measurements can also be set to be taken on a cyclical basis.

Cyclic measurement can be switched on or off in the app and set to take automatic measurements every 10-60 minutes. The automatic measurement is performed without our intervention. The heart rate measurement helps us to determine the intensity of our workout, detect differences in our heart rate in stressful situations and at rest. To monitor your heart rate automatically, select 'Devices' and then 'Heart rate monitoring' in the app. Setting up automatic measurements reduces battery life.

- **Movement reminder**

In the app, cyclical reminders can be set every 10-360 minutes, whereby the watch, when it detects that a person has been motionless for a prolonged period of time, reminds them to perform an activity. You can also set how many steps are required after receiving the reminder and on which days the function should be active. To enable this function, in the app, select "Devices", then "More" and select "No activity reminder".

Functions available in the application

- **Hydration reminder**

In the app, cyclical reminders can be set every 30-180 minutes to remind the watch to reach for water. To enable this feature, in the app select "Devices", then "More" and select "Drinking regime".

- **Incoming call notifications**

Notifications of an incoming call with the name of a contact from your smartphone's phonebook.

- **Notifications from social media apps**

The app notification function allows you to read the beginning of a message on the smartwatch screen. Notifications can come from apps such as QQ, WeChat, LinkedIn, Skype, Facebook, WhatsApp, Instagram and Gmail. To enable this feature, go to 'Device' and then select 'App notifications'.

- **"Do not disturb" mode**

A mode that causes any notifications to not appear. To enable this mode, go to "Devices", then "More" and select "Do not disturb mode".

Functions available in the application

- **Alarm clock**

In the app, you can set an alarm clock to help you wake up on time. To enable this feature, select "Settings", then "More" and select "Set alarm clock".

- **Reminder mode**

In the app, you can set how notifications will appear on the watch. You can choose between screen backlight, vibration or screen backlight+vibration. To set the reminder mode, select "Settings", then "More" and "Reminder mode".

- **Phone camera control**

This function allows you to remotely take photos with your phone's camera by activating the camera shutter button on the watch. To take a photo, select "Devices" and then "Camera". A useful feature for taking group photos from a distance, for example.

- **Favorite contacts**

From within the app, it is possible to add frequent contacts. A maximum of 20 contacts can be added. Once you have added contacts, you will be able to make calls directly from the smartwatch without dialing a phone number. To add contacts, select "Settings" and then "Frequent contacts".

Functions available in the application

- **G-Sensor function**

To enable the watch screen to be activated with a flick of the wrist, select 'Devices' in the app and then 'Enable screen by twisting wrist'.

- **Find phone**

In the app, selecting the "Find Device" function will trigger a beep on the phone to help locate the phone.

General Information

Specifications

IP68** water resistance

Allows you to use the watch while washing your hands or on a rainy day.

320mAh battery

The large battery capacity enables long use of the smartwatch.

RTL8762DK processor

High performance and precision measurements.

Design Classic

Thanks to its classic design, the watch goes with any style.

**The IP67 standard allows water temperature from +10 to +35 degrees Celsius and immersion to a depth of 1m for up to 30min. The watch cannot be used in hot baths or saunas as it is not steam resistant. It is not designed for swimming, it is designed to help you take care of your health.

***The smartwatch has Ti AFE4404 + 2*OSRAM 2703 + OSRAM LED sensors to measure blood oxygenation, Ti 129X chip is responsible for measuring ECG, and Ti AFE4404 + 2*OSRAM 2703 is responsible for measuring PPG.

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