

®

WATCHMARK



USER MANUAL

WWW.WATCHMARK.COM

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Introduction

About Watchmark WKW10

In addition to its many useful functions, this very feminine smartwatch will also fulfil its purpose as an accessory to an everyday outfit. It features a touchscreen that comes with the option to personalise the dial, and Bluetooth connectivity allows the watch to be simply synchronised with your phone. The watch is operated via a touchpad at the bottom of the screen. To scroll through menus, touch the panel briefly. To select, long press the panel.

Device configuration

Contents of the package



Smartwatch (colour and material may vary depending on the colour chosen)



Charger (colour and material may vary depending on the model selected)

Strap (colour and material may vary depending on the colour chosen)

Hardware requirements

iOS 8.0 and above

Android 4.4 and later

Bluetooth supported: 5.0

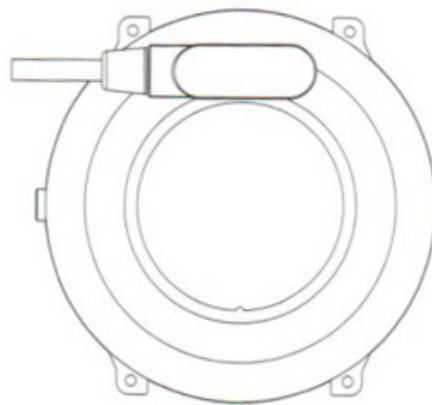
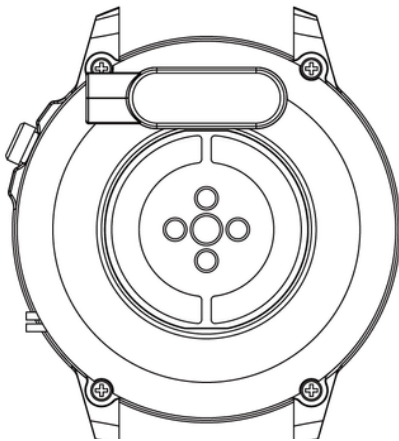


Android 4.4+



iOS 8.0+

Charging instructions



This smartwatch uses inductive (wireless) charging. Connect the charging cable to the USB input and attach the charging cradle to the contacts on the back of the device. Once connected, charging will start automatically and the charging icon will appear on the screen.

It takes approximately 2 hours to fully charge the battery. Do not use the watch while it is charging.

Caution: do not connect the magnetic charging cable to any 2 contacts at the same time as the conductive material, as this may cause a short circuit.

Additional information

Please read the entire user manual carefully before using the equipment. It is recommended to use only the original battery, charger and accessories that are included in the kit received with the device.

Neither the manufacturer nor the distributor is responsible for the use of third-party accessories.

The functions that are presented in this manual may vary between models, as the manual is a general description of smartwatches. Some models may deviate from the standard.

Before using the device for the first time, charge it for a minimum of 2 hours. Before using the device, you must download and install the app and accept all consents that the smartwatch asks for. If this is not done fully, not all features of the device will be available. The smartwatch will only ask for access to functions that are necessary for the smartwatch to function properly.

The company reserves the right to change the content of this manual.

How to wear a smartwatch?

The strap for this watch model is 16 mm wide. It is interchangeable and additional straps can be purchased in a different colour or material.

Wearing the watch

When you're not exercising, wear the smartwatch as you would a regular watch, i.e. one finger above your wrist bone.

To take full advantage of the heart rate monitoring function during exercise, try wearing the device above your wrist (2 fingers above your wrist bone) to improve comfort and stability. Many exercises, such as cycling or weightlifting, can cause the smartwatch's placement to change by bending the wrist, for example. If the watch sits lower on the wrist bone measurements can be intermittent, so correct placement is important.

Belt change

Attach the original strap to the watch before using it. When carrying out this operation, take careful care and watch out for your fingernails when attaching the telescopes to the watch.

Wearing a belt/bracelet

1. Insert one end of the strap together with the telescopes into the recess of the watch envelope. The telescopes may be separate, in which case they should be placed on both ends of the watch strap/bracelet first.
2. On the other end, slide the telescope into the centre of the cavity and attach it to the watch.

Belt/bracelet removal

1. With one hand, press the wheel on the telescope and gently push inwards.
2. Then, pull upwards until the telescope detaches from the watch.

Bracelet adjustment

1. Undermine the latch that is located on the outside of the bracelet.
2. Slide the latch to the appropriate side to reduce or increase the size.
3. Lock the latch when you have achieved the desired effect.

Applications and functions

Installing applications

The app for the WKW10 smartwatch model is "F Fit".
Download the app from the Google Play / App Store or via
the QR code below.



Google Play



App Store

After installing the application, switch on Bluetooth on your phone and go to the application. Create an account or log in anonymously and accept the terms and conditions. Fill in your details and allow access. For the app to work properly, you need to give all the consent it asks for. To connect the watch, click in the bottom corner: "Devices" and then "Pair devices". Your phone will search for devices and you should select the appropriate model (KW10).

Features available on the Smartwatch

- **Time, date, day of the week**

The display shows the time, date and day of the week. The data is displayed on the main screen of the watch after synchronisation with the phone.

- **Pedometer**

Counts the steps taken on a given day (data resets each day from 00:00). The number of steps taken can be seen in the app or in the following tabs in the watch menu.

- **Screen backlight brightness adjustment**

Adjusting the brightness helps protect your eyes from a screen that is too bright at night and saves the watch battery. You can find this function in the watch menu.

- **Calorie counter**

Calculates the number of calories burnt in a given day. The data on calories burned can be found in the following tabs in the watch menu and in the app.

- **Distance travelled**

Information on how much distance was covered during the day. The distance travelled can be found in the following tabs in the watch menu and in the app.

Features available on the Smartwatch

- **Pulsometer***

Heart rate, or pulse: this is the number of beats of the heart muscle per minute. The accepted norm is between 60 and 100 beats per minute. When the pulse is elevated we speak of tachycardia, while when it is reduced we speak of bradycardia. Both conditions can be dangerous to our health. In the watch, the function for measuring heart rate is located in the second tab of the watch menu.

- **Blood pressure***

Blood pressure is the force with which the blood pushes against the walls of the arteries during the contraction and diastole of the heart muscle. The accepted standard for systolic pressure is 120 mm Hg, while for diastolic pressure it is 80 mm Hg. On the watch, the function for measuring blood pressure is located in the third tab in the watch menu.

Features available on the Smartwatch

- **Sports modes**

The watch's 9 sports modes allow you to control your training goals by monitoring steps, heart rate, calories and distance. Workout data can be found in the app after synchronisation. Available sports modes: running, walking, climbing, cycling, swimming, table tennis, basketball, badminton, football. On the watch, the sports modes function can be found in the following tabs in the watch menu.

- **Sleep monitor***

A function that helps to analyse a person's sleep. The watch shows the number of hours slept and the phases of sleep, in which we distinguish between shallow and deep sleep. On the watch, the sleep monitoring function is located in the following tabs in the watch menu.

- **Stopwatch**

A function that is used to monitor and measure short distances of time. In the watch, the stopwatch function can be found in the following tabs in the watch menu.

Features available on the Smartwatch

- **"Find phone" function**

Once your device has been correctly paired with the app on your phone, you will be able to quickly find your phone. When you select "Find phone", your phone will start vibrating and ringing. On the watch, you will find this function in the following tabs in the watch menu.

- **Notifications / messages**

Once the watch has been connected to your phone via the app and you have allowed the appropriate permissions, incoming notifications for messages and from social networks will be displayed on the watch. In order for notifications to display, this function must be enabled in the app settings.

- **Changing the dial theme**

There are several dials to choose from on the watch. The function to change the dial theme is found in the following tabs in the watch menu. To select a theme, long press the touch panel.

Functions available in a dedicated application

- **Automatic heart rate monitoring**

On-demand heart rate measurements can be taken in the app and measurements can also be set to be taken on a cyclical basis.

Cyclic measurement can be switched on or off in the app and set to take automatic measurements every 5 minutes. The automatic measurement is performed without our intervention. The heart rate measurement helps us to determine the intensity of our workout, to detect differences in our heart rate in stressful situations and at rest. To monitor your heart rate automatically, in the app select 'Device' and then 'Continuous HR monitoring'. Setting automatic measurements reduces battery life.

- **Movement reminder**

In the app, you can set cyclical reminders every 60-240 minutes, whereby the watch, when it detects that a person remains motionless for an extended period of time, reminds them to perform an activity. To enable this feature, in the app, select "Device" and then "Reminder settings".

- **Hydration reminder**

In the app, cyclic reminders can be set every 60-240 minutes to remind the watch to reach for water. To enable this function, in the app, select "Device" and then "Reminder settings".

Functions available in a dedicated application

- **Alarm**

To set an alarm on the watch, select an alarm time and time in the app. To do this, select "Device" in the app and then "Reminder settings".

- **Medication reminder**

In the app, you can set cyclical reminders every 60-240 minutes to remind the watch to take your medication. To enable this feature, in the app, select "Device" and then "Reminder settings".

- **Meeting reminder**

In the app, you can set a reminder for an appointment. To enable this function, in the app, select "Device" and then "Reminder settings".

- **Notifications/messages**

The notification function allows you to read the beginning of a message on the smartwatch screen. Notifications can come from apps such as QQ, WeChat, LinkedIn, Skype, Facebook, WhatsApp, Instagram and Gmail. To enable this feature, go to 'Device' and then select 'Notification'.

Functions available in a dedicated application

- **Do not disturb" mode**

A mode that causes any notifications to not appear between 10 p.m. and 8 a.m. To activate this mode, select "Device" and then "Do not disturb".

- **G-Sensor function**

To enable the watch screen to be activated with a movement of your hand, select "Device" in the app and then "Lift wrist".

- **Controlling your phone's camera**

This function allows you to remotely take photos with your phone's camera by activating the camera shutter button on the watch. To take a picture, select "Device" and then "Take picture". A useful feature for taking group photos from a distance, for example.

- **Find your watch**

In the app, selecting the "Find Device" function will trigger a vibration signal on the watch to help locate the watch.

Functions available in a dedicated application

- **Care function**

In the watch wearer's application, a 'friend' can be added via the account name (ID). Once correctly added, you can check what measurements the watch wearer has. To add a friend, select "Care" in the app and then "Add friend".

- **Resetting to factory settings**

Resetting to factory settings allows you to reset the watch and erase all data and settings. On the watch, the reset function is located in the app. To reset, select "Device" and then "More settings".

General Information

Specifications

IP68** water resistance

Allows you to use the watch while washing your hands or on a rainy day.

NRF52832 processor

High performance and precision measurements.

120mAh battery

Long-life lithium polymer battery.

Fashionable design

The smartwatch's unique design adds character to any outfit.



**The IP68 standard allows a water temperature of +10 to +35 degrees Celsius and immersion to a depth of 1.5m for up to 30min. The watch cannot be used during hot baths or in the sauna as it is not steam resistant.

General Information

Product complaint

- Any product bought in the Shop can be claimed. The claim given by the manufacturer is 2 years from the purchase of the equipment.
- The advertised product should be sent to the address:
Watchmark CH Marino, 7 Paprotna Street, 51-117 Wrocław.
- To register a complaint, please fill in the form at <https://ecom.freshdesk.com/support/tickets/new>.
- After registering the complaint, you will receive a confirmation of its submission to the specified e-mail address along with a pdf attachment containing a summary of the complaint. The complaint must be accompanied by the advertised product with proof of purchase and the application number received in the e-mail.
- Once the goods have been verified, the Complaints Department will contact the customer and inform them that the complaint has been processed.
- The complaint will be considered within 30 days from the day the Complaints Department receives the advertised goods.

General Information

Product return

- The customer has the right to withdraw from the contract within 14 days of receiving the product, without giving any reason. Returned goods must be of full value and must not bear any signs of use. If the returned goods are not in perfect condition, the Customer shall bear the financial consequences related to the reduction of the value of the goods if they have been used in an inappropriate manner and bear traces of use going beyond a basic functionality check.
- The Customer shall inform the shop of the withdrawal from the contract by filling in the return form at:
<https://ecom.freshdesk.com/support/tickets/new>.
- Once the withdrawal form is registered, the Customer will receive a confirmation of its notification to the e-mail address indicated, together with a pdf attachment containing a summary. In order to comply with the withdrawal period, it is sufficient for the Customer to send information concerning the exercise of his/her right of withdrawal before the expiry of the withdrawal period.

General Information

Product return

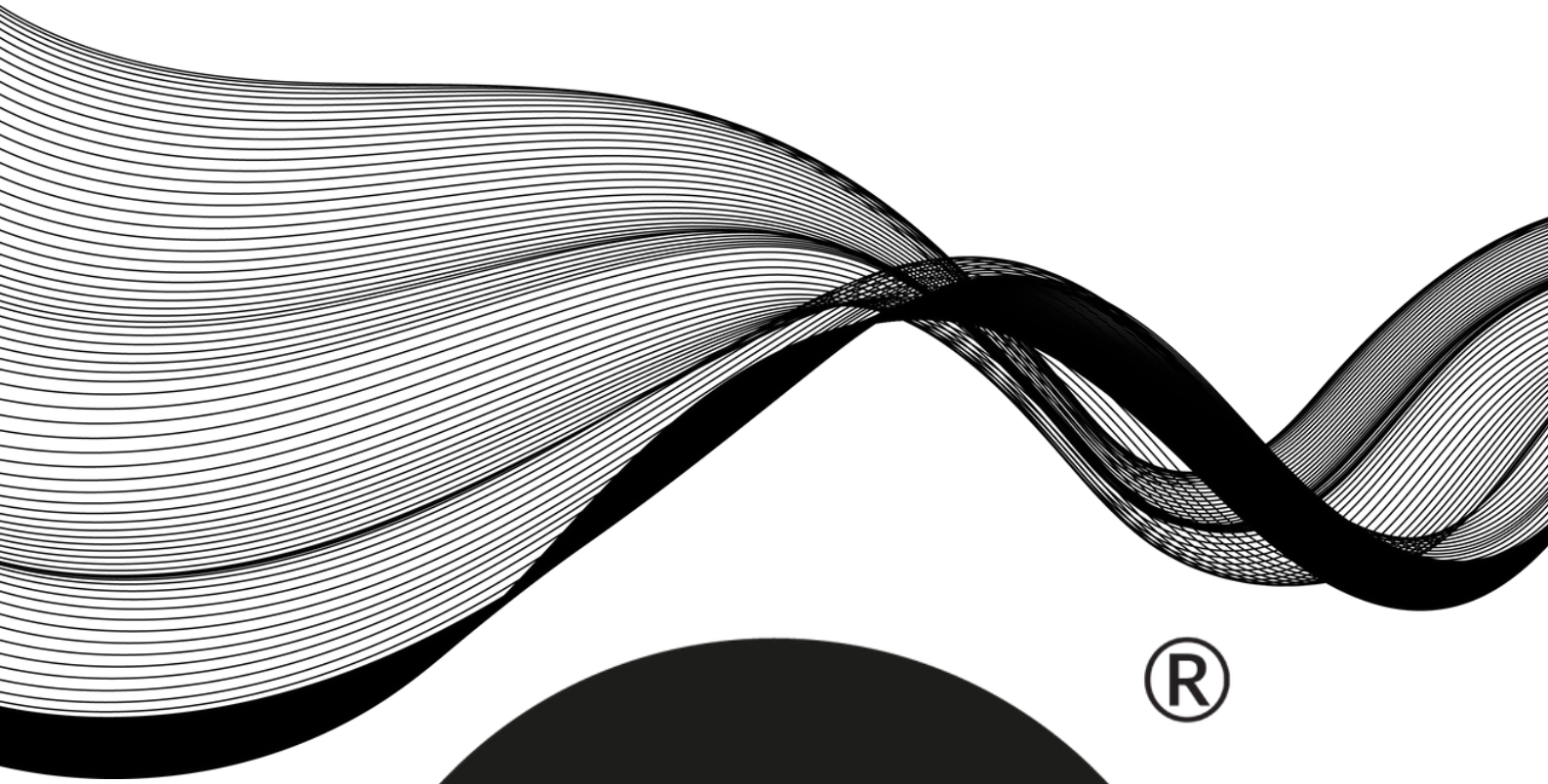
- The seller shall refund the payment using the same method of payment used by the consumer, unless the consumer has expressly agreed to a different method of refund that does not incur any costs for the consumer.
- Goods purchased stationary in the shop are not refundable.

Replacement of the product

- The customer has the right to exchange the goods within 14 days of receipt without giving any reason.
- The customer shall inform the shop about the wish to exchange the goods by filling in the form:
<https://ecom.freshdesk.com/support/tickets/new>.
- Once the exchange form is registered, the Customer will receive a confirmation of his/her request to the e-mail address indicated, together with the request number. In order to comply with the exchange deadline, it is sufficient for the Customer to send information concerning his/her wish to exercise his/her right to exchange before the expiry of the exchange deadline.

General Information

- The customer sends the purchased goods on their own to the address: Watchmark CH Manhattan, Al. Jana Pawła II 16, 64-100 Leszno. The parcel must be accompanied by the purchased goods free of defects and the application number received after completing the form.
- The exchange will be made immediately, but no later than within 5 days from the date of delivery of the goods to us, if the product for which the customer wants to exchange the goods is available in the shop. If the product indicated by the customer for exchange is not available, it will be dispatched as soon as we have accepted delivery of the product in question.
- If the returned goods are not of full value, the customer will be financially liable for any reduction in the value of the goods if they have been used inappropriately and bear signs of use beyond a basic functionality check.
- It is not possible to exchange the watch for the same model.



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