

®

WATCHMARK



USER MANUAL

WWW.WATCHMARK.COM

TABLE OF CONTENTS

Introduction

About the watch	4
Device configuration	
Packaging content	
Hardware requirements	5
Charging the watch	
Additional information	6
How to wear a smartwatch?	7
Belt change	8

Applications and functions

Installing the app	9
Smartwatch functions	10
Time, date	
Pedometer	
Calorie counter	
Distance	
Screen brightness adjustment	11
Blood pressure Saturation	
ECG	12
Pulse	
Find phone function	
Stopwatch	13
Timer	
Sleep monitor	
Notification/message	
Music control	
Sports modes	14
Change of dial theme	
Weather	15
Torch	
Device reset	
Settings	

TABLE OF CONTENTS

Applications and functions

App functions	16
Measurement history	
Notifications	
Change of dial theme	
ECG	
Phone camera control	17
Find device" function	
Alarm clock	
Reminder to move	
Hydration reminder	18
G-Sensor	
Automatic heart rate monitoring	

General Information

Specifications	19
Product complaint	20
Product return	21
Product exchange	21

Introduction

About Watchmark WL15

The Watchmark WL15 is a state-of-the-art smartwatch with many health and sports functions. The smartwatch counts steps, calories burned, shows distance travelled, monitors sleep and has several sports modes. The watch's menu is in English.

Device configuration

Contents of the package



Smartwatch (colour and material may vary depending on the colour chosen)



Charger (colour and material may vary depending on the model selected)

Strap (colour and material may vary depending on the colour chosen)

Hardware requirements

iOS 8.0 and above

Android 4.4 and later

Bluetooth supported: 4.0

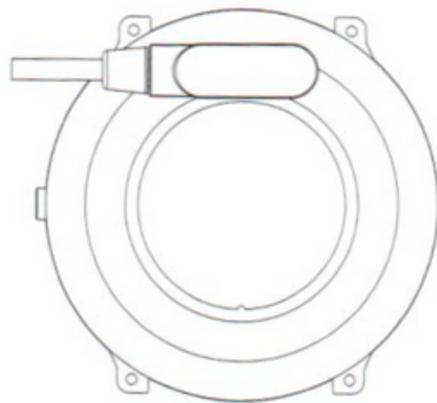
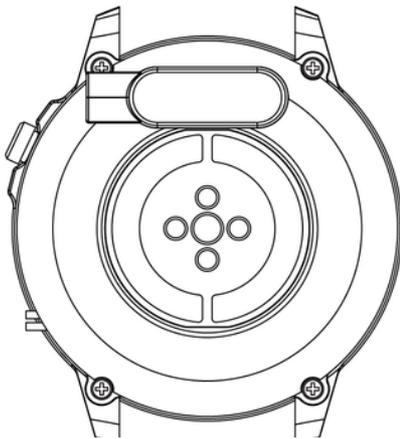


Android 4.4+



iOS 8.0+

Charging instructions



This smartwatch uses magnetic charging.

Connect the charging cable to the USB input and to the rear charging contacts of the device. Once connected, charging will start automatically and the charging icon will appear on the screen.

It takes approximately 2 hours to fully charge the battery. Do not use the watch while it is charging.

Caution: do not connect the magnetic charging cable to any 2 contacts at the same time with conductive material, as this may cause a short circuit.

Additional information

Please read the entire user manual carefully before using the equipment. It is recommended to use only the original battery, charger and accessories that are included in the kit received with the device.

Neither the manufacturer nor the distributor is responsible for the use of third-party accessories.

The functions that are presented in this manual may vary between models, as the manual is a general description of smartwatches. Some models may deviate from the standard.

Before using the device for the first time, charge it for a minimum of 2 hours. Before using the device, you must download and install the app and accept all consents that the smartwatch asks for. If this is not done fully, not all features of the device will be available. The smartwatch will only ask for access to functions that are necessary for the smartwatch to function properly.

The company reserves the right to change the content of this manual.

How to wear a smartwatch?

The strap for this watch model is 22 mm wide. It is interchangeable and additional straps can be purchased in a different colour or material.

Wearing the watch

When you're not exercising, wear the smartwatch as you would a regular watch, i.e. one finger above your wrist bone.

To take full advantage of the heart rate monitoring function during exercise, try wearing the device above your wrist (2 fingers above your wrist bone) to improve comfort and stability. Many exercises, such as cycling or weightlifting, can cause the smartwatch's placement to change by bending the wrist, for example. If the watch sits lower on the wrist bone measurements can be intermittent, so correct placement is important.

Belt change

Attach the original strap to the watch before using it. When carrying out this operation, take careful care and watch out for your fingernails when attaching the telescopes to the watch.

Wearing the belt

1. Insert one end of the strap together with the telescope into the recess of the watch envelope.
2. With the other end, insert the telescope into the centre of the cavity and attach it to the watch.

Removing the belt

1. With one hand, press the wheel on the telescope and gently push inwards.
2. Then, pull upwards until the telescope detaches from the watch.

Applications and functions

Installing applications

The app for the WL15 smartwatch model is "FitCloudPro". Download the app from the Google Play / App Store or via the QR code below. The app is in English.



Google Play



App Store

Once the app is installed, turn on Bluetooth on your phone and go to the app. Create an account or continue without registering. Fill in your data and allow access. For the app to work properly, you need to give all the consents it asks for. To connect your watch, select "Scanning" and then the watch model (L15).

Functions available on the Smartwatch

- **Time, date, day of the week**

The display shows the time, date and day of the week. The data is displayed on the main screen of the watch.

- **Pedometer**

Counts the steps taken on a given day (data resets each day from 00:00). The number of steps taken can be seen in the app or in the first tab to the right of the main screen.

- **Calorie counter**

Calculates the number of calories burned on a given day. The data on calories burned can be found in the first tab to the right of the home screen in the app.

- **Distance travelled**

Information on how much distance was covered during the day. Distance travelled can be found in the first tab to the right of the home screen.

- **Adjusting the brightness of the screen backlight**

Adjusting the brightness helps protect your eyes from a screen that is too bright at night and saves the watch battery. You can find this function in the drop-down menu from the main screen.

Functions available on the Smartwatch

- **Blood pressure (BP)***

Blood pressure is the force with which the blood pushes against the arterial walls during systole and diastole of the heart muscle. The accepted norm for systolic blood pressure is 120 mm Hg, while for diastolic blood pressure it is 80 mm Hg. On the watch, the function for measuring blood pressure is located in the third tab to the right of the main screen under the name BP.

- **Oxygen saturation (SPO2)***

This function indicates the oxygenation level of the blood. As a norm, the result should be between 95 and 100%. When the oxygenation level drops, it can be dangerous for our health. On the watch, the function for measuring blood pressure is located in the third tab to the right of the home screen under the name "Blood oxygen".

- **ECG***

The electrocardiogram examines the electrical activity of the heart. It allows the detection of many cardiovascular diseases. The watch's electrodes must fit completely against the skin. On the watch, the function for measuring blood pressure is located in the third tab to the right of the home screen under the name ECG. You will see the result in the app.

Functions available on the Smartwatch

- **Pulse rate (HR)***

Heart rate, or pulse: is the number of beats of the heart muscle per 1 minute. The accepted norm is between 60 and 100 beats per minute. When the pulse is elevated we speak of tachycardia, while when it is reduced we speak of bradycardia. Both conditions can be dangerous to our health. On the watch, the function for measuring blood pressure is located in the third tab to the right of the home screen under the name "Pulse".

- **Find phone function**

Once the device has been correctly paired with the app on your phone, you will be able to quickly find your phone. When you select "Find phone", your phone will start vibrating and ringing. On the watch, this function can be found in the menu to the left of the home screen.

- **Stopwatch**

A function that is used to check and measure short intervals of time. On the watch, you will find this function in the menu to the left of the home screen.

Functions available on the Smartwatch

- **Timer**

The timer allows you to count down time. On the watch, the timer function is located in the menu to the left of the home screen.

- **Sleep monitor**

A function which helps to analyse a person's sleep. The watch shows the number of hours slept and the phases of sleep, in which we distinguish between shallow and deep sleep. On the watch, the function for sleep monitoring is located in the second tab to the right of the home screen.

- **Notifications / messages**

Once the watch has been connected to the phone via the app and bluetooth and the relevant permissions have been granted, incoming notifications of messages and from social networks will be displayed on the watch. For notifications to display, you must enable this feature in the app settings. See page 16 for more.

- **Music control**

When you connect your watch to your phone via the app and turn on music on your phone, you can pause and resume music, as well as rewind and rewind songs. To control music, turn it on on your phone and then go to the music function. On the watch, this function is located in the Friday tab to the right of the home screen.

Functions available on the Smartwatch

- **Sports modes**

The watch's 10 sports modes allow you to control your training goals by monitoring steps, heart rate, calories and distance. Workout data can be found in the app after synchronisation. Available sports modes: running, walking, cycling, climbing, table tennis, basketball, skipping, swimming, yoga. The sports mode measures parameters such as time, calories burned and heart rate. On the watch, the sports functions are located in the fourth tab to the right of the home screen.

- **Changing the dial theme**

There are several dials to choose from on the watch. To change dials, long press the main screen (about 3 seconds). You can download more dials in the app. See page 16 for more.

- **Weather**

The watch, when connected to the app, will indicate the temperature for the day. On the watch, the weather function is in the menu when you press the side button.

Functions available on the Smartwatch

- **Torch function**

The smartwatch has a torch built into the screen. To activate it, press the bottom button on the side of the watch envelope. To switch off the torch, repeat the operation.

- **Reset to factory settings**

Resetting to factory settings allows you to reset the watch and erase all data and settings. On the watch, the reset function is located in the settings menu to the right of the home screen.

- **Settings**

In the settings you can:

- set the screen backlight time
- set the response time of the G-sensor function
- set the vibration intensity
- set the watch language

Functions available in a dedicated application

- **Measurement history**

In the app you will find the history of the measurements taken by the watch. To check the history, select "Home" in the app.

- **Notifications**

The notification function allows you to read the beginning of a message on the smartwatch screen. Notifications can come from apps such as: Facebook, Instagram, Skype and Messenger. To enable this function, go to "Device" and then select "Notification settings".

- **Changing the dial theme**

Other dial themes are available in the dedicated app. To select dials, go to 'Device' in the app and then 'Watch dial selection'. To download dials, data/Wifi transmission must be enabled on the phone.

- **ECG***

To see the result of an ECG performed by the watch, go to "Devices" and then "ECG".

Functions available in a dedicated application

- **Phone camera control**

This function allows you to take pictures remotely with your phone's camera, by activating the camera shutter button by shaking the watch. To take a photo, select "Device" and then "Remote camera". A useful feature for taking group photos from a distance.

- **Find a device**

In the app, selecting "Find watch" will trigger a vibrating alarm on the watch to help locate the device.

- **Alarm clock**

To set an alarm on the watch, select an alarm time and time in the app. To do this in the app, select "Device" and then "Alarms".

- **Motion reminder**

Hourly reminders can be set in the app so that the watch, when it detects that a person remains motionless for an extended period of time, reminds them to perform an activity. To enable the function, select "Device" and then "Inactivity reminder".

Functions available in a dedicated application

- **Hydration reminder**

In the app, you can set cyclical reminders every 30-180 minutes to remind the watch to reach for water. To enable this function, in the app select "Device" and then "Hydration reminder".

- **Wrist movement screen wake-up (G-Sensor)**

To enable the function of activating the watch screen with a flick of the wrist, select "Device" and then "Wrist wake-up" in the app.

- **Automatic heart rate monitoring**

In the app, you can set the heart rate measurement to be performed on a cyclical basis. The frequency can be set within a given time interval. The automatic measurement is performed without our intervention. To activate the function, select "Device" and then "Continuous heart rate monitoring" in the app.

Setting automatic measurements reduces battery life.

General Information

Specifications

IP68** water resistance

Allows you to use the watch while washing your hands or on a rainy day.

RTL8762C processor

An innovative processor characterised by high performance.

370mAh battery

The large battery capacity enables long use of the smartwatch.

Sporty design

Durable materials and silicone strap for easy cleaning.



**The IP68 standard allows a water temperature of +10 to +35 degrees Celsius and immersion to a depth of 1.5m for up to 30min. The watch cannot be used in hot baths or saunas as it is not steam resistant. It is not designed for swimming, it has been designed to help look after your health.

General Information

Product complaint

- Any product bought in the Shop can be claimed. The claim given by the manufacturer is 2 years from the purchase of the equipment.
- The advertised product should be sent to the address:
Watchmark CH Marino, 7 Paprotna Street, 51-117 Wrocław.
- To register a complaint, please fill in the form at <https://ecom.freshdesk.com/support/tickets/new>.
- After registering the complaint, you will receive a confirmation of its submission to the specified e-mail address along with a pdf attachment containing a summary of the complaint. The complaint must be accompanied by the advertised product with proof of purchase and the application number received in the e-mail.
- Once the goods have been verified, the Complaints Department will contact the customer and inform them that the complaint has been processed.
- The complaint will be considered within 30 days from the day the Complaints Department receives the advertised goods.

General Information

Product return

- The customer has the right to withdraw from the contract within 14 days of receiving the product, without giving any reason. Returned goods must be of full value and must not bear any signs of use. If the returned goods are not in perfect condition, the Customer shall bear the financial consequences related to the reduction of the value of the goods if they have been used in an inappropriate manner and bear traces of use going beyond a basic functionality check.
- The Customer shall inform the shop of the withdrawal from the contract by filling in the return form at:
<https://ecom.freshdesk.com/support/tickets/new>.
- Once the withdrawal form is registered, the Customer will receive a confirmation of its notification to the e-mail address indicated, together with a pdf attachment containing a summary. In order to comply with the withdrawal period, it is sufficient for the Customer to send information concerning the exercise of his/her right of withdrawal before the expiry of the withdrawal period.

General Information

Product return

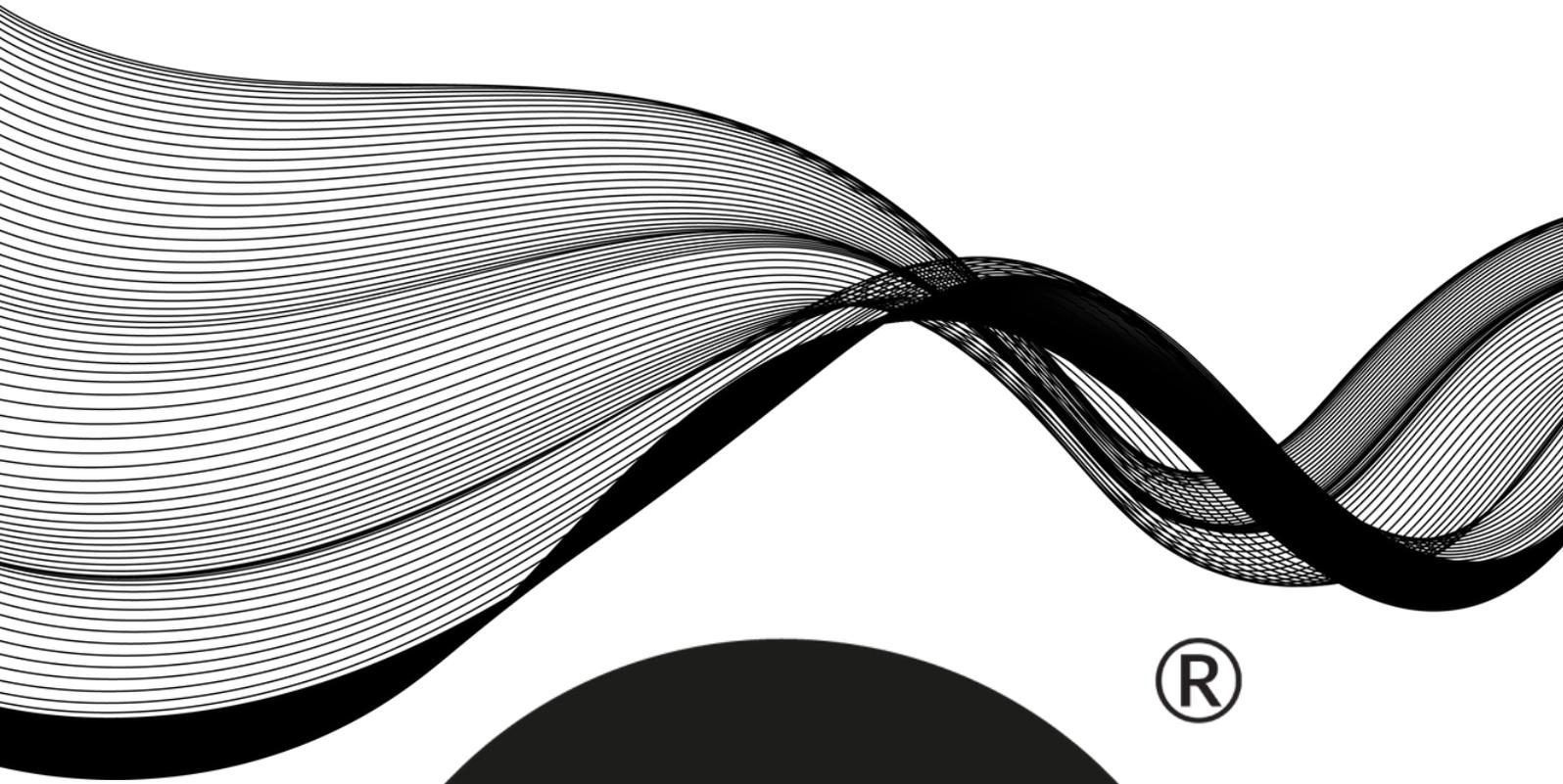
- The seller shall refund the payment using the same method of payment used by the consumer, unless the consumer has expressly agreed to a different method of refund that does not incur any costs for the consumer.
- Goods purchased stationary in the shop are not refundable.

Replacement of the product

- The customer has the right to exchange the goods within 14 days of receipt without giving any reason.
- The customer shall inform the shop about the wish to exchange the goods by filling in the form:
<https://ecom.freshdesk.com/support/tickets/new>.
- Once the exchange form is registered, the Customer will receive a confirmation of his/her request to the e-mail address indicated, together with the request number. In order to comply with the exchange deadline, it is sufficient for the Customer to send information concerning his/her wish to exercise his/her right to exchange before the expiry of the exchange deadline.

General Information

- The customer sends the purchased goods on their own to the address: Watchmark CH Manhattan, Al. Jana Pawła II 16, 64-100 Leszno. The parcel must be accompanied by the purchased goods free of defects and the application number received after completing the form.
- The exchange will be made immediately, but no later than within 5 days from the date of delivery of the goods to us, if the product for which the customer wants to exchange the goods is available in the shop. If the product indicated by the customer for exchange is not available, it will be dispatched as soon as we have accepted delivery of the product in question.
- If the returned goods are not of full value, the customer will be financially liable for any reduction in the value of the goods if they have been used inappropriately and bear signs of use beyond a basic functionality check.
- It is not possible to exchange the watch for the same model.



®



WATCHMARK

