

DEAR CUSTOMER, THANK YOU FOR PURCHASING OUR PRODUCT!

Please read the entire user manual carefully before use. It is recommended to use only the original battery, charger and accessories that come with the device. Neither the manufacturer nor distributor is responsible for the use of third party accessories. (The functions shown in this manual may vary slightly from model to model, as this manual is a general description of the smartwatch, some models may deviate from the standard). Please charge the device for no less than 2 hours before using it for the first time. Before using the device you must download and install the application and accept all authorisations, otherwise not all functions will be available. The company reserves the right to change the content of this manual.

FIRST USE

Before using the watch for the first time, it must be charged and activated.



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CHARGING INSTRUCTIONS



To charge the health band, pull out the strap next to the screen that exposes the USB port, then place the tip in any USB port. Switch on: hold down the touch button longer Switch off: switch the screen to the page for switching off the watch, then hold down the touch button longer.

APPLICATION

1.1 You need to download the "WoFit" app for iOS phones and the "morePro" app for Android, using the dedicated shop or QR code.



NOTIFICATION

3.1 Call notification: when a call comes in on your mobile phone, the device will vibrate to let you know, from the watch you can mute the call. From your watch you can mute the call or reject it. 3.2 Message notification: when a new message arrives on your phone, the device will vibrate.

NOTE:

For message and call notifications to come to your watch the connection to your phone must be good. For message and call notifications to come to your watch, you need to enable this option in the application settings.

Go to the "settings" application, then click "device" -> "notifications -> "notifications" and select the applications from which you want to receive notifications.

FUNCTIONS AVAILABLE IN THE APPLICATION

4.1 Change the appearance of the dial: open the app, go to "settings" -> "device" -> "face styles" and set the face.

4.2 Set your daily step goal: go to settings -> "goals" and set your goals.

1.2 Once the app is installed, enable Bluetooth and the app on your phone.

Confirm the notifications and other permissions it asks for.

Create an account, fill in details such as name, age, weight etc in your profile and follow the steps the app shows you.

1.3 Use the touch button at the bottom of the screen to switch between functions.

FUNCTIONS

2.1 ECG measurement: To measure, enter the ECG option available on the smartwatch and hold the screen to start the measurement. Hold the metal plate on the front of the watch during the measurement. The electrodes of the watch must be against the skin. The result is available in the app.

2.2 The device can automatically detect some daily activities (number of steps, distance, calories burned).

4.3 Reset the device to factory settings: go to "settings", then click on "clear device data".

4.4 Continuous pulse measuring time: go into the "settings", then "switch settings" and select "Automatic HR Detection"

PRECAUTIONS

1.Low battery: If the battery level is low, please charge the device immediately to protect the battery life.

2.Charging: Do not use the watch while charging.

3.Ambient temperature during charging above 50 degrees C may lead to overheating, deformation and burning of the device.

4.Please do not swim, dive or operate the device under water.

5.The device uses a built-in battery and it is forbidden to disassemble it by yourself.

6.In case of battery rupture and leakage, please avoid contact with eyes and skin.

2.3 The smartwatch can automatically monitor your evening sleep, tap the screen and switch to the sleep screen to check your sleep quality. After manually activating this function, the watch can detect data from afternoon nap and non-standard sleeping hours(such as working at night). The data is sent to the app. Sleep measurement is possible between 10pm and 8am.

2.4 BP measurement: To take a measurement, find the BP measurement option in the watch menu and the measurement will start automatically. You should have your hands flat on your body and the watch must be firmly pressed against your skin. The accepted norm for systolic BP is 120 mm Hg and for diastolic BP 80 mm Hg . It should be remembered, however, that blood pressure fluctuates constantly throughout the day and also changes with age. The older a person is, the higher the pressure becomes. There are also different standards for children and people with chronic diseases.

2.5 Run, sports mode: find the page in the watch menu which says "RUN" and hold down the screen to start the function. If you want to stop measuring or exit this function, touch the screen to cycle through the options. Hold the screen to confirm your choice.

IMPORTANT INFORMATION

1.Protection:

-clean the watch with a soft cloth to keep the watch and band (use clean water or sea water)
-make sure the heart rate lens on your watch is close to your skin
-the skin temperature on your wrist is too low due to the weather, which will affect the heartbeat control.

2.Notes on water resistance (even if it is a waterproof watch):
pay attention to the following methods as they weaken the waterproofness.
-Please do not wear your watch in a shower.
-Please do not wear your watch in an insulated swimming pool, sauna or other high temperature/humidity environment.
-Please do not wear your watch when washing your hands or face, doing work where you use soap or detergent.
-After immersion in the sea, wash all salt or dirt from the watch.

2.6 Time and date : the device synchronises the date and time from your phone, once the smartwatch has been successfully connected to the app.

2.7 Pedometer : counts the number of steps taken in one day. The clock is reset to zero at midnight.

2.8 Activity information: The data shown on the second screen - the number of steps taken, the distance travelled, and the number of calories burned during the day. The data will be saved in the application. The counter will be reset at 24:00.

2.9 Monitoring blood oxygenation: Select the SpO2 blood oxygenation option from the watch menu. After the measurement, the result will be shown on the watch screen. The norm is 94-99%.

3.0 Stopwatch: In order to activate the stopwatch function on your watch it is first necessary to enable it in the app. Go to 'settings', then 'device' and enable the 'stopwatch' option.

HARDWARE REQUIREMENTS

iOS 9.0 and later

Android 4.4 and later

Bluetooth 4.0 supported



WARRANTY

Warranty service:

1. Under normal use of the products, if the product has no mechanical damage and caused by misuse, 24 months from the date of purchase, consumers can benefit from the free warranty service.
2. consumers cannot make use of the guarantee if:
A. they have done the damage themselves,
B. the warranty period has expired,
C. they have not used the product in accordance with the instructions for use and maintenance,
D. they have dismantled, repaired or immersed themselves in water.

IMPORTANT INFORMATION

- During the ECG measurement, make sure the watch is on your left hand, while holding your finger against the metal part of the watch in front
- During the ECG measurement, make sure the electrode on the underside of the watch fits snugly against your skin; if it does not fit snugly enough, moisten your skin with water.
- Do not move or speak during the test
- When measuring your sleep, make sure the watch is snug against your skin.
- If the oxygenation signal is too weak, remove the watch and put your finger on the sensor on the bottom of the watch.
- This device is not a medical device, the measurements are for reference only
- The sensor used to measure sleep is accelerator based, so lying still may be considered sleep.

SMARTWATCH KARDIOWATCH WV19 User Manual



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