

DEAR CUSTOMER, THANK YOU FOR PURCHASING OUR PRODUCT!

Read the entire manual carefully before operating the device. It is recommended to use only the original batteries, charger and accessories supplied with the device.

The manufacturer and distributor are not responsible for the use of third party accessories.

(The functions mentioned in this manual may vary slightly from model to model, as the manual is a general description of the Smartwatch and some models may differ from standard models).

The device should be charged for at least 2 hours before first use.

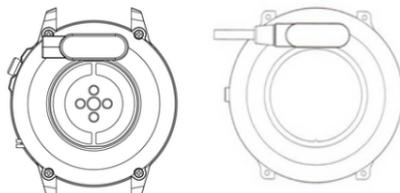
Before using the device, you must download and install the application and accept all permissions, as otherwise not all functions will be available.

The company reserves the right to change the content of this manual.

FIRST USE

The watch must be charged and switched on before first use.

CHARGING INSTRUCTIONS



This product uses magnetic charging.

Connect the charger to the USB input and to the charging contacts on the back of the device. Once connected, charging starts automatically and the charging icon appears on the screen.

A full charge usually takes 2 hours, the device has a standby time of up to 25 days and 4-7 days in operation mode. Do not use the watch while it is charging.

Note: Do not connect the magnetic charging cable to two contacts of conductive material at the same time, as this may cause a short circuit.

APLICACION

Download and install the SMART TIME PRO app and make sure your watch can sync data with the app. The app allows you to set goals, analyse data and much more.



After installing the app, turn on Bluetooth and the app on your phone.

Sign in. This can be done in various ways, e.g. via Google, Facebook, WeChat etc. You will then need to provide personal information, e.g. nickname, gender, date of birth, height, weight, daily step goal, and confirm consent. On the Devices tab, click the Add Device button. Hold the watch near your phone and locate it. Then click the desired model on your phone. The Smartwatch will prompt you to accept pairing with your phone.

DIAL

To select a dial, press and hold the home screen for about 3 seconds, then briefly click the touch button to change the dial. Once you have made your selection, press and hold the button for about 3 seconds to confirm your selection. There are also many dials to choose from in the app. The home screen can also be customised. You can choose wallpaper, the look of the hands, in the electronic clock you can select the colour of the time displayed, and you can add icons for steps, heart rate, calories burned and distance covered to the home screen.

HARDWARE REQUIREMENTS

iOS 11.0 or later
Android 5.0 or later
Bluetooth 4.0 support



Android 5.0 +



iOS 11.0 +

PRECAUTIONS

1. Weak battery:

If the battery is low, charge the unit immediately to protect the life of the battery.

2. Charging:

Do not use the watch while it is charging.

3. Do not use the watch while charging.

50 degrees Celsius may cause overheating, deformation and burning of the device.

4. Do not swim, dive or operate the device under water.

5. The device uses a built-in battery and must not be disassembled by yourself.

6. Avoid contact with eyes and skin in case of battery rupture and leakage.

FUNCTIONS

1. Time/Date: Synchronises the date and time from your phone after successfully connecting your Smartwatch to the app.

Status bar: this can be expanded from the home screen (swipe down). It displays information about Bluetooth connectivity status, power consumption, brightness and settings, vibration and Do Not Disturb mode.

3. Activity information: expandable from the home screen (swipe left) - number of steps, distance travelled, average heart rate and calories burned per day. Data is stored in the app. The counter is reset at 24:00.

4. Pedometer: counts the number of steps taken during the day. The clock is reset at midnight.

5. Body temperature: Perform a temperature test after 10 minutes of wearing the Smartwatch. To measure the temperature in the Smartwatch menu, select the appropriate icon. You can set the app to measure a constant temperature, select "Temperature monitoring" and then confirm. You can also set the temperature monitoring interval (start and end time of the measurement). The monitoring interval indicates the frequency of the measurements.

CHARGING

Charging is carried out using the supplied charging cable. Once charging is complete, the watch will start automatically. If you do not use the watch for more than a month, charge it fully and switch it off to preserve the battery capacity.

IMPORTANT INFORMATION

1. Protection:

- Clean the watch with a soft cloth to keep the watch and strap clean (use clean water or sea water).

- Make sure the lens of the heart rate watch is close to your skin.

- the skin temperature on your wrist is too low due to the weather, affecting your heart rate monitoring.

2. consider water resistance (even if it is a water-resistant watch):

Please note the following methods as they affect water resistance.

6. Measure your blood pressure: To take a measurement, select Blood pressure measurement in the monitoring menu. When taking a measurement, keep your hands flat and your watch close to your skin. The accepted norm for systolic blood pressure is 120 mm Hg and for diastolic 80 mm Hg. However, it should be remembered that blood pressure changes constantly during the day and also with age. The older you get, the higher your blood pressure will be. Other standards also apply to children and people with chronic diseases

7. Heart rate: wait 2 seconds before starting the measurement. The measurement is done by scanning the skin with a green optical light. If you want to stop the measurement Drag your finger to the right or left. Norms for Heart rate results are 60-90 beats per minute. In professional athletes, the heart rate may be less than 60 beats per minute. However, during intense exercise, measurements can be as high as 200 beats per minute.

8. Sports function: select the sports mode interface. There are many sports modes to choose from, for example: running, walking, cycling, stationary bike, yoga, badminton. To select a specific sports mode, click on the desired mode icon. During sport, your watch measures time, calories burned, and heart rate. To exit the selected mode, press the side button or swipe the screen to the right to confirm your exit.

Do not wear the watch in the shower.

- Do not wear the watch in a heated swimming pool, sauna or other place with high temperature/humidity.

- Do not wear the watch while washing your hands or face or while working in areas where soap or detergents are used.

- After immersion in the sea, clean the watch of salt and dirt.

WARRANTY

Warranty service:

1. Under normal use of the products, as long as the product has no mechanical damage and has not been caused by misuse, consumers can take advantage of the free warranty service after 24 months from the date of purchase.

2. The consumer cannot claim under the warranty if:

A. They have caused the damage themselves,

B. the warranty period has expired,

C. they have not used the product in accordance with the instructions for use and maintenance,

D. the products have been disassembled, repaired themselves or immersed in water.

9. Sleep monitoring: when the user falls asleep, the watch automatically switches to the sleep detection function. The smartwatch records data such as the duration and quality of sleep during sleep, as well as the number of awakenings during the night. The data is sent to the app.

10. Camera: this function allows you to take pictures remotely when the watch is connected to your phone.

11. Alarm: can be set using the app on your phone.

12. Find your phone: press to start the alarm on your phone.

13. Schedule: you can set up to 5 appointments (shown on the clock) and receive reminders for them.

14. Healthcare: Menstrual cycle reminder: must be set via the app.

15. Backlight: you can set the duration of the screen backlight (from 5 to 8 seconds). A shorter battery saves time

16. Activate the screen by moving it: When you start a function, it appears at a time you specify.

17. Messages: (swipe right) Click a message displayed on the watch to see its contents and scroll up or down. Swipe right to exit.

SMARTWATCH WATCHMARK WR6

User manual



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