



[www.watchmark.com](http://www.watchmark.com)  
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## DEAR CUSTOMER, THANK YOU FOR PURCHASING OUR PRODUCT!

Please read the full instructions carefully before use. We recommend that you use only the original battery, charger and accessories that came with your device. The manufacturer and distributor are not responsible for the use of accessories from other manufacturers.

(The functions listed in this manual may vary slightly between models as the manual is a general description of the smartwatch and some models may differ from the standard).

The device must be charged for at least 2 hours before first use.

Download and install the app. You must agree to access notifications during installation. Otherwise, not all functions will be available.

The Company reserves the right to change the content of this manual.

## PARAMETERS

Body material: environmentally friendly plastic  
Strap material: silicone  
Bluetooth: Bluetooth 4.2  
Screen size: 1.14 inches  
Resolution: 135\*240  
Battery capacity: 90 MAH  
USAGE: Wearfit 2.0  
Compatibility: iOS8.4 or later/ Android 4.4 or later

## PRECAUTIONS

- 1.Low battery level:  
In case of a low battery level, charge the device immediately to protect battery life.
- 2.Landing:  
Do not use the watch while it is charging.
- 3.Ambient temperature during charging above 50 degrees Celsius may cause overheating, deformation and burning of the device.
- 4.Do not swim, dive or use the device under water.
- 5.The device uses a built-in battery and must not be disassembled separately.
- 6.Avoid contact with eyes and skin in case of battery rupture and leakage.

## IMPORTANT INFORMATION

- 1.Protection:  
  - Clean the watch with a soft cloth to preserve the watch and strap.  
(use clean water or sea water)
  - Make sure the heart rate lens on the watch is close to your skin.
  - The skin temperature on your wrist is too low due to the weather regulating your heart rate.
- 2.Notes on water resistance (even if it is a waterproof watch):  
Be careful with the following methods as they impair waterproofing.
  - Do not wear a watch in the shower.
  - Do not wear your watch in a heated swimming pool, sauna or other environment with high temperature and humidity.
  - Do not wear your watch when washing your hands or face or when working in areas where soap or detergent is used.
  - After immersion in water, rinse any salt or dirt from the watch.

## WARRANTY

Warranty service:  
1.Under normal use of the products, provided that the product is free from mechanical damage and has not been subjected to improper use, consumers can benefit from free warranty services for 24 months from the date of purchase.  
2.Consumers cannot benefit from the warranty if:  
A. the damage is self-inflicted,  
B. the warranty period has expired,  
C. they have not used the product in accordance with the instructions for use and maintenance,  
D. the products have been disassembled, self-repaired or immersed in water.

## SMARTWATCH WATCHMARK WT1

### Instructions for use



[watchmark.com](http://watchmark.com)

## CONNECTION TO PHONE

- 1.Charge the watch (strap charging time 2 hours to 2.5 hours)
- 2.Install the specific app for the selected smartwatch model on your smartphone (date, time and language will be set after synchronising the watch with the app).
- 3.Switch on Bluetooth on your phone (do not search for the watch at this stage).
- 4.Open the installed app and search for the smartwatch at app level.
- 5.After a successful search, connect the smartwatch to your phone. Make sure the app has access to all notifications.



## LINK TO THE APP

Search for the "Wearfit2.0" app in the Android Store or App Store, download and install it. Then create an account or sign in. Then search for a group at app level (Bluetooth must be enabled when searching).

## FUNCTIONS

Calories: automatically records daily calorie consumption  
Distance: automatically records the daily distance travelled.  
Heart rate measurement: measure your heart rate every hour (setting in the app: Heart rate tab, consecutively, in real time) or measure your heart rate manually. Press and hold the touchpad below the screen to enter the heart rate interface.  
Blood pressure measurement: measure your blood pressure every hour (set at app level: blood pressure tab consecutively, in real time) or measure your blood pressure manually. Press and hold the touchpad to start measuring your blood pressure.  
Blood oxygen measurement: measure your blood oxygen every hour (set in the saturation app, in real-time sequence) or manually measure your blood oxygen level. Press and hold the touchpad to enter the blood oxygen measurement interface.  
Resistance measurement:  
Sleep quality information interface: automatically measure sleep quality every day.  
Alerts: The bracelet alerts you to notifications, incoming calls and text messages.  
Exercise mode: long press the exercise mode interface to enter exercise mode.  
Running, climbing and cycling are built-in. Press and hold the screen to start logging exercise time and calories burned. Then press the pause button. After this action, a menu will appear where you can choose between stop, quit, return.  
Press briefly to change the option, then long-press to confirm.  
To exit sports mode completely, press briefly to scroll through the features until the back arrow appears. and then hold down the touch pad.  
Weather: real-time weather is synchronised with the device data and displayed on the time display interface. The wristband must be connected to an app and the GPS function must be enabled on the device.  
More: stopwatch (press and hold to enter or exit, press to start or stop),  
Find my phone (press and hold to search, press to stop the search).  
Press and hold to mute music (short tap to change on/off, scroll, exit)  
Other: lift your hand to wake the screen

## APPLICATION FEATURES

Search for the "Wearfit2.0" app in the Android store or app store, download and install it. Then login/register and search for the ribbon at app level: my, device management, connect (Bluetooth must be enabled when searching). At app level, you can check the Health Week record located in the top left corner of the home page. In the top right corner, you can take multiple measurements at the same time. You can also change the units in the app. One by one, enter: my, personal details, then change the unit details and then click on the Save button located in the top right corner.

## INTRODUCTION

To charge the watch, remove the strap. You can connect a charger, laptop or computer to the USB input. Note if the watch does not display a charging message, insert it upside down.



## EKG

The first ECG measurement should be done via the app. During the measurement, you need to cover your entire finger and hold the silver (touch) pad on the watch. The measurement takes about 30 seconds, during which it is advisable to remain still. Each subsequent measurement can be taken with the strap and the result will be displayed in the app. In case of an incorrect result, the measurement must be repeated several times.